



Overview

Focusing on the future, along with personal and professional growth. Come join us in a series of career and personal training sessions that will cover team building, communication skills, customer service, building better relationships and careers. You can create a new look or perspective on life, leadership and personal growth. Check the box for the session(s) you would like to attend.

Sessions

Registration

Sessions will be held at The Shores- Emmetsburg

1. Lead From Where You Are: You Don't Need a Title to Make a Positive Impact

Wed, Aug 10 | 1:00 pm – 3:00 pm

Leadership experts say, "Leadership isn't about title or authority. It's the energy and purpose by which you lead yourself each day and how you serve others." Whether you currently hold a leadership role or aspire to lead from where you are, you will leave this session armed with practical tools for leading and inspiring others every day.

2. Skills for Having Difficult Conversations...at Work and at Home

Wed, Sept 14 | 1:00 pm – 3:00 pm

We've all been there—knowing we have to have a difficult conversation that we are dreading. In this session, we will walk step-by-step through a framework for having those potentially emotionally-charged conversations--at work and at home--in ways that keep the conversation constructive.

3. The Power of Nonverbal Communication in the Workplace

Wed, Oct 12 | 1:00 pm – 3:00 pm

Research tells us that 55% of what people pick up from us in communicating is through our body language. This engaging session will help you become more effective at reading others' body language...and better understand what you might be saying through your own!

4. Own It! Approach Every Aspect of Your Life With Strength, Integrity, and Confidence

Wed, Nov 9 | 1:00 pm – 3:00 pm

The phrase 'Own It!' means if you're going to do something, you might as well go all-in, approaching the task with passion and self-assuredness. In this fun session, Brenda provides strategies to approach one's daily life with strength, integrity, and confidence.

Name: _____

Business: _____

Address: _____

Phone: _____

Email: _____

- Session 1: August 10 | 1:00 - 3:00 pm
The Shores - Emmetsburg
- Session 2: September 14 | 1:00 - 3:00 pm
The Shores - Emmetsburg
- Session 3: October 12 | 1:00 - 3:00 pm
The Shores - Emmetsburg
- Session 4: November 9 | 1:00 - 3:00 pm
The Shores - Emmetsburg

**Pre-registration is required.
Cost is \$30.00 per session.**

Mail or email your registration form to:

**Mail: Kossuth/Palo Alto Co. EDC
106 S. Dodge St., Ste. 210
Algona, IA 50511**

Email: kcedc@kossuthia.com